



## SPRING MENU Week one

Week Commencing: 24/02, 17/03, 21/04, 12/05, 09/06, 30/06, 21/07, 15/09, 13/10

Pick a MAIN
Pick a
MAIN
Pick a POTATO
POTATU

### MONDAY PASTA BAR

A choice of 3 Fillings

Macaroni Cheese, Roasted Vegetable and Tomato or Creamy Pesto with Focaccia Bread

Cheese, Beans, Tuna or Ham

Ham, Cheese, Tuna or Egg Mayo Sandwich

**Shortbread** 

### **TUESDAY**

Chicken Korma with Rice and Naan

Vegetable Stir Fry Noodles with Sweetcorn

Cheese, Beans, Tuna or Ham

Ham, Cheese, or Tuna Melt Panini

Chocolate Krispy Cake

### WEDNESDAY

Roast Gammon and Pineapple with Roast Potatoes, Seasonal Vegetables and Gravy

Vegetarian Yorkshire Pudding Cottage Pie with Seasonal Vegetables and Gravy

> Cheese, Beans, Tuna or Ham

Ham, Cheese, Tuna or Egg Mayo Sandwich

Fresh Fruit Platter

### **THURSDAY**

Meatballs in a Tomato Sauce with Pasta, Focaccia Bread and Vegetables

Vegetable Lasagne with Focaccia Bread and Vegetables

Cheese, Beans, Tuna or Ham

> Ham, Cheese, or Tuna Melt Panini

Pineapple Cake

### FRIDAY

Fish Fingers or Chicken Chunks with Chips and Vegetables

Vegetable Nuggets with Chips and Vegetables

Cheese, Beans, Tuna or Ham

Ham, Cheese, Tuna or Egg Mayo Sandwich



OPTION



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.







## SPRING MENU Week two

Week Commencing: 03/03, 24/03, 28/04, 19/05, 16/06, 07/07, 01/09, 22/09, 20/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	PIZZA BAR	Beef Chilli with Rice and Nacho's	Sausage and Mash with Seasonal Vegetables and Gravy	Chicken Fajita with Pasta and Slaw	Breaded Fish or Chicken Chunks with Chips and Vegetables
Pick a MEAT-FREE MAIN	or Margherita Pizza with Wedges	Roasted Vegetable Fajita with Rice and Nacho's	Vegetarian Sausage and Mash with Seasonal Vegetables and Gravy	Tomato and Basil Pasta Bake with Focaccia Bread and Vegetables	Roasted Vegetable and Cheese Quiche with Chips and Vegetables
POTATO	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham
Puk a PTION	Ham, Cheese, Tuna or Egg Mayo Sandwich	Ham, Cheese, or Tuna Melt Panini	Ham, Cheese, Tuna or Egg Mayo Sandwich	Ham, Cheese, or Tuna Melt Panini	Ham, Cheese, Tuna or Egg Mayo Sandwich
Puka DESSERT	Fresh Fruit Platter	Fruity Flapjack	A.B.C Cake	Chocolate Cake and Custard	Custard Cookie
	Pick a Pick a Pick a Pick a Pick a Pick a	Pick a MAIN  PIZZA BAR  Ham and Pineapple or Margherita Pizza with Wedges  Cheese, Beans, Tuna or Ham  Pick a Light N  Pick a  Pick a  A  Cheese, Beans, Tuna or Ham  Ham, Cheese, Tuna or Egg Mayo Sandwich	Pizza Bar Ham and Pineapple or Margherita Pizza with Wedges  Roasted Vegetable Fajita with Rice and Nacho's  Roasted Vegetable Fajita with Rice and Nacho's  Cheese, Beans, Tuna or Ham  Cheese, Beans, Tuna or Ham  Cheese, Beans, Tuna or Ham  Ham, Cheese, or Tuna Melt Panini	Pickar  Pizza Bar  Ham and Pineapple or Margherita Pizza with Wedges  Roasted Vegetable Failta with Rice and Mash with Seasonal Vegetables and Gravy  Roasted Vegetable Failta with Rice and Mash with Seasonal Vegetables and Gravy  Cheese, Beans, Tuna or Ham  Cheese, Beans, Tuna or Ham  Cheese, Beans, Tuna or Ham  Ham, Cheese, Tuna or Egg Mayo Sandwich  Pital  Ham, Cheese, Tuna or Egg Mayo Sandwich  Roasted Vegetable Failta with Rice and Mash with Seasonal Vegetables and Gravy  Fight A Tuna or Ham  Ham, Cheese, Beans, Tuna or Ham  Ham, Cheese, Tuna or Egg Mayo Sandwich	Pick a MAIN  PIZZA BAR  Ham and Pineapple or Margherita Pizza with Wedges  Roasted Vegetable Fajita with Rice and Nacho's  Roasted Vegetable Fajita with Rice and Mash with Seasonal Vegetables and Mash with Pasta and Slaw  Posta Boke with Focaccia Bread and Vegetables and Gravy  Cheese, Beans, Tuna or Ham  Che



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# SPRING MENU Week three

08/09, 06/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	PANINI BAR A choice of Fillings	Hunters Chicken with Rice and Vegetables	Beef Bolognese with Pasta, Focaccia Bread and Vegetables	Brunch: Sausage, Bacon, Hash Brown and Beans	Chicken Chunks or Salmon Fingers with Chips, Vegetables or Beans
Pick a MEAT-FREE MAIN	Cheese, Ham or Ham and Cheese	5 Bean Enchillada with Rice and Vegetables	Vegetarian Bolognese with Pasta, Focaccia Bread and Vegetables	Veggie Brunch: Quorn Sausage, Hash Brown, Roasted Tomato and Beans	Cheese and Bean Pasty with Chips and Vegetables
PJACKET O	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham	Cheese, Beans, Tuna or Ham
OPTION	Ham, Cheese, Tuna or Egg Mayo Sandwich	Ham, Cheese, or Tuna Melt Panini	Ham, Cheese, Tuna or Egg Mayo Sandwich	Ham, Cheese, or Tuna Melt Panini	Ham, Cheese, Tuna or Egg Mayo Sandwich
Pick a DESSERT	Iced Sponge	Chocolate Cookie	Lemon Drizzle	Fresh Fruit Platter	Fruit Muffin



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