

Join the SCHOOL FOOD REVOLUTION

serving
THE FRESHEST
LOCAL
INGREDIENTS

feeding
INQUISITIVE,
INQUIRING
MINDS

FEEDING THE FINEST FOOD TO THE NEXT GENERATION

EXCITING CHILD-LED MENUS

with only the

FINEST, FRESH INGREDIENTS

all

GROWN AND LOCALLY SOURCED

where possible, with

LOW FOOD MILES

meaning a

LOWER CARBON FOOTPRINT!

contact us
FOR MORE
INFORMATION

THREE WEEK MENU

AUTUMN 2022

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follow us



WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pick A MAIN				
Cottage Pie (1) with and Sweetcorn & Peas	Baked "Southern Style" Chicken & Mixed Salad Wrap (2) with Sweetcorn & Red Pepper Rice	Roast Gammon, Roast Potatoes with 2 Fresh Vegetables and Gravy	Hand Stretched Margarita Pizza (2,7), Wedges and Salad	Chicken Bites (2) with Chips and Beans or Veg Sticks
pick A VEGETARIAN MAIN				
Cheese and Tomato Frittata (4,7) with Pommes Noisettes Potatoes (7) and Salad or Sweetcorn	Vegetable Lasagne (2,4,7,13) with Garlic Focaccia (2) and Salad	Vegetable Filled Yorkshire Pudding Pie (2,4,7) with 2 Fresh Vegetables and Gravy	Chinese Inspired Vegetable Chow Mein (2,12,13)	Vegetable Nuggets (2), Chips and Bean or Veg Sticks
pick A JACKET POTATO				
Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)
pick A PUDDING				
Fresh Fruit Platter	Chocolate Crunch (2)	Ice Lolly	Honey and Raspberry Cake (2,4)	Chocolate Cookie (2)

WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pick A MAIN				
Butchers Sausage (14), Veggie Mash with Peas, Carrots and Gravy	Cheese Topped Tuna Pasta Bake (2,5,7,9,13) with Focaccia Bread (2) and Salad	Roast Chicken with Fruity Stuffing (2), Roast Potatoes with 2 Fresh Vegetables and Gravy	Beef Burger in a Bun (2,4,7,13) with Wedges and Peas	Chicken Bites (2) with Chips and Beans or Salad Sticks
pick A VEGETARIAN MAIN				
Sloppy Joe Loaded Sweet Potato Jacket (7,14) with Salad	Hand Stretched Margarita Pizza (2,7), Pommes Noisettes (7) and Salad	Veggie Meatless Loaf (2), Roast Potatoes with 2 Fresh Vegetables and Gravy	Vegetable Packed Korma (9) with Sunshine Rice	Breaded Halloumi Straws (2,7), Chips with Beans or Salad Sticks
pick A JACKET POTATO				
Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)
pick A PUDDING				
Fresh Fruit Platter	Pink Raspberry Flapjack (2)	Ice Lolly	Pineapple Cake (2,4)	Coconut Cookie (2)

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pick A MAIN				
Meatballs in Tomato Sauce with Sunshine Rice	Chicken Pasta Bake (2,7,9) with Focaccia Bread (2) & Peas	Roast Turkey, Roast Potatoes with 2 Fresh Vegetables and Gravy	The Brunch, Sausage (14), Bacon with Sauté Potatoes and Peas or Beans	Breaded Fish Fillets (2,5), Chips with Beans or Salad Sticks
pick A VEGETARIAN MAIN				
Hand Stretched Margarita Pizza (2,7) with Wedges and Peas	Cheese & Tomato Ravioli in Vegetable Ragu (1,2,3,7,9,14) with Focaccia Bread & Peas	Vegetable and Lentil Wellington (2), Roast Potatoes with 2 Fresh Vegetables and Gravy	Halloumi Pizzaioli (2,7) with Sauté Potatoes and Peas or Beans	BBQ Pulled Jack Fruit Burger (2,4,7,13,14) with Chips and Beans or Salad Sticks
pick A JACKET POTATO				
Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)	Cheese (7) / Beans / Tuna Mayo (4,5,9)
pick A PUDDING				
Fresh Fruit Platter	Chocolate Sponge Cake (2,4)	Ice Lolly	Jelly with Fruit	Oaty Cookie (2)

available DAILY

YOGHURT, FRESH FRUIT AND SALAD BAR

ALLERGEN KEY

CELERY

CEREALS CONTAINING GLUTEN

CRUSTACEANS

EGGS

FISH

LUPIN

MILK

1

2

3

4

5

6

7

MOLLUSC

MUSTARD

NUTS

PEANUTS

SESAME SEEDS

SOYA

SULPHUR DIOXIDE

8

9

10

11

12

13

14